



TREILLAGE SOCKS

Charlene Schurch in her book *Sensational Knitted Socks* calls the soles of socks worked in reverse stockinette stitch “Princess Foot” because she feels it is more comfortable to walk on the knit side of the fabric rather than the purl side. I just had to try it to see if it was true. Inspired by a modification of stitch #311 from Leslie Stanfield’s book *The New Knitting Stitch Library* these socks are knit from the top down using the Magic Loop on one circular needle method.

Yarn

Blue Moon Fiber Arts™ Socks that Rock®, Lightweight (100% Superwash Merino wool, 360 yds [329 m] / 4.5 oz [127 g]: Color: Waterlillies, 1 skein.

Needles

US 1 / 2.25 mm circular needle or size needed to obtain correct gauge.

Gauge

8 sts and 12 rounds = 1 inch (2.5 cm) in circular stockinette stitch.

Finished Size

7” foot circumference, 8 1/2” long from back of heel to tip of toe. To fit women’s U.S. shoe size 7.

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Symbols Key for Trellis Pattern



Purl



K1 through back of loop



Twist 2 sts to right: K2 tog, leave sts on left needle, insert right needle between sts just worked and K first st again, slip both sts off left needle.



Twist 2 sts to left: Take right needle behind work, K in back loop of 2nd st of left needle, K in front of 1st st on left needle, slip both sts off.

LEG

Cuff: CO 64 sts using the Long Tail Cast-on over two needles for added stretch. Divide sts in half, placing 32 sts on front needle and 32 sts on back needle. Join for working in the round, being careful not to twist sts. The join marks the beginning of each round.

Work K2, P2 ribbing for 15 rounds.



Leg: Move 1st stitch from front needle to back needle and move 33rd stitch from back needle to front needle. This sets up the K2, P2 for the trellis pattern.

Begin knitting trellis pattern. Repeat pattern 7 more times around. Work established pattern, rows 1-18, three times. Leg will measure approximately 5 1/2 inches.

HEEL

Heel flap: The last 32 sts of rnd will become the heel flap. Hold rem 32 sts to be worked later for instep.
Row 1: (WS) P3, K26, P3
Row 2: (RS) Purl across.
 Repeat the last 2 rows 14 more times, ending with a RS row (15 ridges on edges from garter st).

Turn heel: Continue decrease rows as follows:

Row 1: (WS) Sl 1, K16, ssk, K1, turn.

Row 2: (RS) Sl 1, P3, P2 tog, P1, turn.

Row 3: Sl 1, K to 1 st before gap made by last row, ssk, K1, turn.

Row 4: Sl 1, P to 1 st before gap made by last row, P2 tog, P1, turn.

Rep Rows 3 and 4 until all sts have been worked, ending with a RS row – 18 heel sts remain.

Gusset: Rejoin for working in the round as follows:

Round 1: With needle containing heel sts, pick up and knit 16 sts along edge of heel flap; PM (place marker), Knit row 1 of established pattern across instep; PM, pick up and knit 16 sts along edge of heel flap, purl first 9 sts of heel – 82 sts total. Divide half of sts (9 from heel, 16 from gusset, 16 from instep) on front needle and other half on back needle.

Round 2: Purl to 3 sts before marker, P2 tog, P1, continue established instep trellis pattern over 32 sts, P1, ssp (slip 2 sts as if to knit, slip sts back to left needle, purl through the back), purl to end of round.

Round 3: Purl all heel and gusset sts, continue established instep trellis pattern, purl all gusset and heel sts.

Repeat Rnds 2 and 3 until 64 sts remain; 32 sts on each needle.

FOOT

Redistribute sts as follows: Slip 32 purl sts of sole on front needle and 32 trellis sts on back needle.

Continue in established pattern, purl the sole sts and knit trellis pattern until trellis pattern is repeated 3 more times or until foot reaches 1 1/2" less than desired total length.

TOE

Round 1: On the back needle (trellis pattern), P1, P2 tog, purl to last 3 sts, ssp, P1. On the front needle (sole), P1, P2 tog, purl to last 3 sts, ssp, P1.

Round 2: Purl around.

Rep Rnds 1 and 2 until 36 total sts remain (18 sts each needle). Then decrease every round until 16 total sts remain (8 sts each needle). Cut yarn and graft toe sts tog with kitchener st. Weave in all ends.